

The Spa at Beckenham

Main Swimming Pool

	start time	end time	Information
MONDAY			
Swim Time	06:30	17:45	Pool opening times
Lane Swimming	06:30	17:45	3 Lanes
Clubs	(B) 06:15	08:00	3 Lanes Club only
	(T) 09:30	10:30	2 Lanes Club only
	(B) 18:00	22:00	Pool Closed

TUESDAY			
Swim Time	06:30	22:00	Pool opening times
Lane Swimming	06:30	18.30	3 Lanes
	18:30	22:00	2 Lanes
Clubs	(B) 18:30	19:30	3 Lanes Club only

WEDNESDAY			
Swim Time	06:30	22:00	Pool opening times
Adult Swim Time	20:00	22:00	16+ only
Lane Swimming	06:30	15.00	3 Lanes
	15:00	18:00	2 Lanes
Clubs	(B) 06.15	08.00	3 Lanes Club only
	(T) 09:30	10:30	2 Lanes Club only
	(B) 18:00	21:00	4 Lanes Club only

THURSDAY			
Swim Time	06:30	22:00	Pool opening times
Lane Swimming	06:30	18:00	3 Lanes
	18:00	22:00	1 Lane
Clubs	(B) 19:30	22:00	3 Lanes Club only

FRIDAY			
Swim Time	06:30	20.45	Pool opening times
Adult Swim Time	18:30	20:45	16+ 4 lanes only
Lane Swimming	06:30	16:00	3 Lanes
	16:00	18:30	2 Lanes
Clubs	(B) 06:15	8:00	3 lanes Club only
	(B) 18:30	20:30	4 lanes Club only

SATURDAY			
Swim Time	08:00	19:45	Pool opening times
Lane Swimming	09:00	19:45	3 lanes
Clubs	(B) 08:00	09:00	2 lanes Club only

SUNDAY			
Swim Time	08:00	18:00	Pool opening times
Adult Swim Time	18:00	19:45	16+ only
Lane Swimming	08:00	19:45	3 lanes

Swimming clubs: (B) Beckenham Swimming Club, (C) Conquest, (D) Dovetail, (P) Pisces, (T) Turtles

Information note: we support the 2012 Olympics and some of our club pool time is helping our young Olympic hopefuls.

Teaching Pool

	Family Splash – Term Time	Lane swimming	Aquafit	Clubs	Family Splash – School Holidays
Mon		20:30 – 22:00 Adult Swim Time	11:30 – 12:30	(B) 19:00 – 20:30	12:30-18:00
Tues			18:30 – 19:30 19:30 – 20:30	(D) 11:30 – 12.30	12:30-18:00
Wed	15:00 – 16:00 18:00 – 19:00		9:30 – 10:30	(P) 12:00 – 13:30 (B) 19:00 – 21:00	13:30-19:00
Thurs	12:00– 12:45		18:30 – 19:30 19:30 – 20:30	Ante-Natal course 12:45–13:30 (Must be pre-booked)	12.45 -18.00
Fri	12:00 – 13:30		9:30 – 10:30 (Prime Time)	(B) 19:00 – 20:30	12:00-18:00
Sat	16.00 -19.00 hour sessions apply			(C) 14:00 – 16:00	16:00-19:00 hour sessions apply
Sun	8:00 – 14:00 45 minute sessions apply		18:00 – 19:00		8:00-14:00 45 minute sessions apply

The Spa Leisure Centre, 020 8650 0233
24 Beckenham Road, Beckenham, BR3 4PF
spa@bromleymytime.org.uk

Please note: Family splash
sessions are for under 8yrs

Please note: the management reserve the right to reduce the
number of lanes on offer at short notice