

The Spa at Beckenham

Main Swimming Pool – last updated 15/02/2010

	start time	end time	Information
MONDAY			
Pool Opening Times	06:15	17:45	Pool opening times
Lanes Available	06:15	08:00	Lanes only
	08:00	17:45	3 Lanes
Clubs	(B) 06:15 (B) 18:00	08:00 22:00	4 Lanes Club only Pool Closed

TUESDAY			
Pool Opening Times	06:15	22:00	Pool opening times
Lanes Available	06:15	22:00	3 Lanes

WEDNESDAY			
Pool Opening Times	06:15	20:00	Pool opening times
Pool Closed- term time	13:30	15:30	Staff training
Lanes Available	06:15	08:00	Lanes only
	08:00	17:00	3 Lanes
	17:00	20:00	2 Lanes
Adult Swim Time	20:00	22:00	16 + only
Clubs	(B) 06:15 (T) 09:30	08:00 10:30	4 Lanes Club only 2 Lanes Club only
	(B) 17:00 (B) 18:00 (B) 21:00	18:00 21:00 22:00	3 Lanes Club only 4 Lanes Club only 2 Lanes Club only

THURSDAY			
Pool Opening Times	06:15	22:00	Pool opening times
Lanes Available	06:15	19:30	3 Lanes
	19:30	20:30	1 Lane
	20:30	22:00	2 Lanes
Clubs	(B) 19:30	22:00	3 Lanes Club only

FRIDAY			
Pool Opening Times	06:15	21:00	Pool opening times
Lanes Available	06:15	08:00	Lanes only
	08:00	17:30	3 Lanes
	17:30	18:30	2 Lanes
Adult Swim Time	18:30	21:00	16+ only. 2 lanes
Clubs	(B) 06:15 (B) 17:30 (B) 18:30	8:00 18:30 20:30	3 lanes Club only 3 Lanes Club only 4 lanes Club only

SATURDAY			
Pool Opening Times	08:00	20:00	Pool opening times
Lanes Available	09:00	13:00	3 lanes
Fun Session ½ pool	13:00	16:00	Shallow End Only
Swim time ½ pool	13:00	16:00	Deep End Only
Lanes Available	16:00	20:00	3 Lanes
Clubs	(B) 08:00	09:00	4 lanes Club only

Fun session not ideal for very young children

SUNDAY			
Pool Opening Times	08:00	20:00	Pool opening times
Adult Swim Time	18:00	20:00	16+ only
Lanes Available	08:00	20:00	3 Lanes

Information note: We support the 2012 Olympics and some of our club pool time is helping our young Olympic hopefuls.

Teaching Pool

	Family Splash – Term Time	Adult Swim Time	Aquafit	Clubs	Family Splash – School Holidays
Mon		6.15 - 8.00 20:00 – 22:00 Adult Swim Time	11:35 – 12:25	(B) 19:00 – 20:00	Ask at reception for details
Tues	11:30 – 12:30 *		18:35 – 19:25 19:35 – 20:25		
Wed	18:00 – 19:00 <small>Note F/Splash 18-19. first wed of the month is for children for with additional needs</small>	6.15 - 8.00 Adult Swim Time	09:35 – 10:25	(P) 12:00 – 13:30 (B) 19:00 – 21:00	
Thurs	12.00 – 13:30		18.35 – 19.25 19:35 – 20:25		
Fri	12:30 – 13:30	6.15 - 8.00 Adult Swim Time	09:35 – 10:25 (primetime)	(B) 19:00 – 20:30	
Sat	16.00 -19.00 hour sessions apply			(C) 14:00 – 16:00	
Sun	8:00 – 14:00 45 minute sessions apply		18:00 – 19:00		

- Please check centre notices or at reception for possible Gala bookings at weekends and temporary changes to the pool programme

Pool Key

(B) Beckenham Swimming Club, (C) Conquest,
(P) Pisces, (T) Turtles (A) Class suitable Ante Natal

* NEW SESSION

Please note: Family splash sessions are for under 8yrs
Pool Parties - Sunday's 14.00-16.00 book at reception.

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Disclaimer: Whilst every effort has been made to ensure the accuracy of the programme, management reserves the right to cancel or reschedule after publication, to include lane configuration on the grounds of bathing loads and health and safety.