

The Virgin Mini London Marathon

Marathon race date - Sunday 25 April 2010

This event will be run on the morning of the London Marathon, over approximately the last 5km of the course, finishing in The Mall.

Bromley has a remarkable record in the Mini Marathon, usually finishing in the top four.

Bromley are encouraging participants to obtain sponsorship money in order to increase sporting opportunities for disabled young people across the borough. The team will be notified of the chosen charity following the trials.

As in previous years the London Boroughs and additional selected guest counties throughout the United Kingdom will be participating.

Teams will consist of 8 runners, girls and boys, in three age groups with only the London Borough teams scoring in the overall competition.



**Blackheath & Bromley
Harriers Athletics
Club**



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The London Borough of Bromley...

Trials sponsored by

Blackheath & Bromley Harriers Athletics Club

**At Norman Park, Bromley
Sunday 21st February 2010**



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Bromley Team Trials date

Sunday 21 February 2010



Please Print Clearly:

Full Name: _____

Address: _____

Post Code: _____

Telephone Number: _____

Date of Birth _____

Age on 25/04/10: _____

School or Club: _____

Declaration: I agree to my (please delete as appropriate) daughter / son (who is a resident or receives full time education within the London Borough of Bromley) participating in this event and, if selected, in **'The Virgin Mini London Marathon'**. I hereby declare that they are in good health; further, I acknowledge that the copyright of any photography taken during the event belongs to the photographer and that Bromley Mytime may use such photographs in any publication / promotion, including electronic media.

Signature of Parent / Guardian: _____

Closing date for entries is Wednesday 17th February 2010

ENTRY IS FREE

NO LATE ENTRIES

Completed forms **MUST** be returned to:
David Liston,
70 Sermon Drive,
Swanley, Kent.
BR8 7HT
Telephone Number: 01322 663504

The London Borough of Bromley Trials

Sunday 21 February 2010

The trials are open to both girls and boys aged between 11 & 17 years, who either live, or receive full time education within the London Borough of Bromley. Please note only students that have reached 11 years on the date of the actual race will be eligible.

Schedule for the trials:

TIME:	CATEGORY:	DISTANCE:
10.15am	Boys: 11 & 12	5km
10.45am	Girls: 11 & 12	5km
11.30am	Girls & Boys 13 & 14	5km
12.00 noon	Girls & Boys 15, 16 & 17	5km

Bromley aims to select the strongest possible team to continue it's previous successes. If you are a recognised strong athlete but unable to attend the trials, you **MUST** advise the organiser and supply a current history to help the selection process. However, the trials will allow selection for the first 5 participants in each category, the remaining 3 places will be selected at the discretion of the borough team organisers subject to sufficient evidence.

Each trial will start and finish on the running track at Norman Park: the course will consist of a double circuit of the perimeter pathways of the park. Age groups are based on the ages of the competitors on the day of the **'Virgin Mini London Marathon'**, Sunday 25 April 2010. Competitors **MUST** arrive in good time to collect their running numbers, which must be attached securely to the front of their running attire. There will be no acknowledgement of entries, but please note that **entries will not be accepted without an authorised signature of a parent / guardian, or if appropriate details are incomplete.**

NB if successfully selected for the team you must be available on the **actual marathon race date, Sunday 25 April 2010**
Confirmation letters will be sent to all successful athletes.

Limited changing and toilets are available at the track.