

Pavilion Leisure Centre 020 8313 9911

Term Time Programme

Day	Activity	Time
Monday	Adult Swim Time	07:00-09:00
	Aquafit	10:00-10:45
	Swim Time	11:00-19:30
	Flume Sessions	15:00-19:00
	Aquafit	19:30-20:15
	Adult Swim Time	20:15-22:00
Tuesday	Swim Time	11:00-13:30
	Adult Swim Time	13.30-15.30
	Swim Time	18:00-20:00
	Flume Sessions	18:00-20:00
	<i>Classical</i> Adult Swim Time	20:00-22:00
Wednesday	Adult Swim Time	07:00-09:00
	Aquafit	10:00-10:45
	Swim Time	11:00-15:30
	buzz Family Splash	18:00-20:00
	Flume Sessions	18:00-20:00
Thursday	Swim Time	11:00-15:30
	Swim Time	18:00-20:00
	Flume Sessions	18:00-20:00
Friday	Adult Swim Time	07:00-09:00
	Aquafit	09:30-10:15
	Aquafit	10:15-11:00
	Swim Time	11:00-19:00
	Flume Sessions	13:00-19:00
Saturday	Swim Time*	10:00-18:00
	Flume Sessions	11:00-17:30
Sunday	buzz Family Splash	08:00-10:00
	Swim Time*	10:00-18:00
	Flume Sessions	11:00-17:30

School Holiday Programme

Day	Activity	Time
Monday	Adult Swim Time	07:00-09:00
	Aquafit	09:00-09:45
	Swim Time**	10:00-19:30
	Flume Sessions	10:30-19:00
	Aquafit	19:30-20:15
	Adult Swim Time	20:15-22:00
Tuesday	Swim Time**	10:00-20:00
	Flume Sessions	10:30-19:20
	<i>Classical</i> Adult Swim Time	20:00-22:00
Wednesday	Aquafit	09:00-09:45
	Swim Time**	10:00-18:00
	Flume Sessions	10:30-17:30
	buzz Family Splash	18:15-21:00
	Flume Sessions	18:15-20:00
Thursday	Swim Time**	10:00-20:00
	Flume Sessions	10:30-19:20
Friday	Adult Swim Time	07:00-09:00
	Aquafit	09:00-09:45
	Swim Time**	10:00-18:00
	Flume Sessions	11:00-18:00
Saturday & Sunday	buzz Family Splash*	08:00-10:00
	Swim Time*	10:00-18:00
	Flume Sessions	11:00-17:30

*Weekend sessions run between 10:00-11:45, 12:00-13:45, 14:00-15:45 and 16:00-17:45.

**Holiday sessions run from start time 10:00-11:45, 12:00-13:45, 14:00-15:45, 16:00-17:45 and where applicable 18:15-20:00.